

COME TO CHRIST

REST FOR THE WEARY AND HEAVY LADEN

Sermon Questions

1. The religious leaders in Jesus' day portrayed God as demanding, requiring _____ to be saved.
2. What is one example of this? _____
3. **We can be burdened** by trying to _____ God's favor.
4. The law was given to _____ man. (Answer: "save" or "guide the saved")
5. We are not saved by our performance but by God's _____ for us.
6. **We can be burdened** by _____ and its consequences.
7. Some pursue good works to please God; others pursue sin to please _____.
8. Keeping us from joy and rest is not only sin's hold on you, but your _____ on sin.
9. **We can be burdened** by helplessness and _____.
10. Jesus' children have a better grasp on truth and the future than the "_____ and understanding."
11. **We can be burdened** by faithful _____.
12. Christ does not scold the weary but _____ them to rest.
13. We're not just compelled to come because of our condition, but because of _____ who calls us.
14. List the two qualities of Jesus that are emphasized in his words:
 - i. Supreme and _____
 - ii. Gentle and _____
15. To come to Christ is to learn from him, follow him, and to believe him. (True/False)

Discussion Questions

1. Which of the four burdens described in the message (trying to earn God's favor, the weight of sin, feelings of helplessness or anxiety, or weariness in serving others) do you most identify with right now? How does Jesus' invitation in Matthew 11:28–30 speak to that particular struggle?
2. Jesus describes himself as both all-powerful ("all things have been handed over to me by my Father") and "gentle and lowly in heart." How does holding both of these truths together change the way you approach him when you feel weary or burdened?
3. What does it mean practically that Jesus' yoke is "easy" and His burden is "light"? How is taking his yoke different from the heavy religious or self-reliant burdens many people carry?
4. Jesus says, "Come to me." What might "coming to Jesus" look like for you this week—whether in honest prayer, turning from a particular burden, resting in his finished work, or learning from him in a fresh way?
5. What was your most significant take-away from this passage and sermon?

Discussion Questions for Children

1. Jesus says, "Come to me... and I will give you rest." When do you sometimes feel tired, worried, or like you've made a mistake? How does it help to know that Jesus is kind and wants you to come to him?
2. Jesus says his yoke is easy and his burden is light. What do you think it means that Jesus helps us and walks with us, instead of making things hard and heavy all by ourselves?