

# When Lament Turns to Complaint

## *What's the difference between lament and complaint?*

1. How would you define lament? \_\_\_\_\_

2. Is it sinful to lament? (Yes/No/It can be)

### **Job's Mindset: Complaining**

3. Complaint is similar to lament but includes:

- i. Judgment: "I don't deserve this!" "This is not fair!"
- ii. Accusation: "You did this to me!"

4. List some common ways we complain:

\_\_\_\_\_

5. Who will you ask to help catch your complaints this week? \_\_\_\_\_

### **Job's Mindset: Venting**

6. Proverbs 29:11 says, "A \_\_\_\_\_ gives full vent to his spirit, but a \_\_\_\_\_ man quietly holds it back."

7. **Job's Method:** Tell God to \_\_\_\_\_. And demand to know \_\_\_\_\_.

8. Job's four questions to persuade God to relent and answer him are:

- i. What \_\_\_\_\_ does this bring to you?
- ii. Is this the way to treat your \_\_\_\_\_?
- iii. Why hound an \_\_\_\_\_ man?
- iv. Why afflict a man before he suffers in \_\_\_\_\_?

### **Our Mindset and Method**

9. What is the biblical alternative to complaint?

- i. \_\_\_\_\_ to ourselves rather than listen to ourselves; and
- ii. speak the \_\_\_\_\_ to ourselves.