

# When Suffering Leads to Lament

*To whom can I bring my greatest sorrows and grief?*

## Sermon Questions

1. Would you say that "lament" is something that is foreign to your Christian experience? (Yes/No)
2. Our relationship with \_\_\_\_\_ is shallow if we cannot speak of our innermost feelings.
3. Laments make up  $\frac{1}{3}$  or  $\frac{2}{3}$  or  $\frac{1}{2}$  of the book of Psalms? (circle the correct one)
4. Job's friends teach us to silently sit with others who are going through suffering. (Yes/No)
5. Job curses the day of his \_\_\_\_\_.
6. Job curses God. (Yes/No)
7. Which prophet spoke in the same language as Job in Job 3:1-10? \_\_\_\_\_
8. Which prophet wanted to die like Job? \_\_\_\_\_
9. Rather than bread and water, Job's daily food is \_\_\_\_\_.
10. Christians are allowed to lament in faith. (Yes/No)
11. Why can Jesus be our great comfort in times of deep sorrow?

---

For lunch discussion:

Is lament a neglected part of the Christian life today? If so, where do we begin?

Was there a time in your life when you were in the cellar of despair? Was lament used?