

THE DESTRUCTION OF ANGER

Sermon Questions

1. Anger is a whole-personed active response of negative moral judgment against perceived evil.
(Yes/No)
2. List the 8 reasons given why anger must be destroyed:
 1. Anger is _____ to be put away (Col 3:8; Eph 4:31; Psalm 37:8–9).
 2. Anger is _____ (Ecc 7:9; Prov 29:11; Prov 14:16, 29).
 3. Anger affects the _____ (Prov 14:29–30).
 4. Anger affects _____ (Ps 66:18; 1 Tim 2:8; 1 Pet 3:7).
 5. Anger brings _____ (Matt 5:22; 6:15; Gal 5:17–21).
 6. Anger destroys _____ (Prov 29:22; Gen 4:6–7).
 7. Anger destroys other _____ and _____ (Prov 21:19, 9; 25:24; 27:15; 19:13; 22:24–25; 15:18, 1; Jas 3:17–18).
 8. Anger _____ God (Eph 4:30–31; Jas 1:19–20; Ps 51:3–4; Jas 4:1–10).
3. The 8 reasons given to destroy your anger are meant to:
 - a. Cause us to despair.
 - b. Reveal how disgusting anger is so we're broken and turn to Christ.
 - c. Cause us to work harder so we don't go to hell.
 - d. Help us deal with other people who are angry.
4. Do you see your sins as being serious enough to send you to hell? (Yes/No/Not Sure)

Scripture References (ESV—English Standard Version)

Colossians 3:8 says, "But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth" (cf. **Eph 4:31**).

Psalms 37:8–9 says, "Refrain from anger, and forsake wrath! Fret not yourself; it tends only to evil.⁹ For the evildoers shall be cut off, but those who wait for the Lord shall inherit the land."

Ecclesiastes 7:9 says, "Be not quick in your spirit to become angry, for anger lodges in the heart of fools."

Proverbs 29:11 says, "A fool gives full vent to his spirit, but a wise man quietly holds it back."

Proverbs 14:16 says, "One who is wise is cautious and turns away from evil, but a fool is reckless and careless.¹⁷ A man of quick temper acts foolishly, and a man of evil devices is hated."

Proverbs 14:29 says, "Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly."

Proverbs 14:29–30 says, "Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly.³⁰ A tranquil heart gives life to the flesh, but envy makes the bones rot."

Psalms 66:18 says, "If I had cherished iniquity in my heart, the Lord would not have listened."

1 Timothy 2:8 says, "I desire then that in every place the men should pray, lifting holy hands without anger or quarreling"

1 Peter 3:7 says, "Likewise, husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you of the grace of life, so that your prayers may not be hindered."

Matthew 5:22 says, "I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, 'You fool!' will be liable to the hell of fire."

Galatians 5:17–21 says, "For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.¹⁸ But if you are led by the Spirit, you are not under the law.¹⁹ Now the works of the flesh are evident: sexual immorality, impurity, sensuality,²⁰ idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions,²¹ envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God."

Proverbs 29:22 says, "A man of wrath stirs up strife, and one given to anger causes much transgression."

Genesis 4:6–7 says, "The Lord said to Cain, 'Why are you angry, and why has your face fallen?'⁷ If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is for you, but you must rule over it."⁸

Proverbs 21:19 says, "It is better to live in a desert land than with a quarrelsome and fretful woman."

Proverbs 21:9 says, "It is better to live in a corner of the housetop than in a house shared with a quarrelsome wife." (cf. **25:24**)

Proverbs 27:15 says, "A continual dripping on a rainy day and a quarrelsome wife are alike" (cf. **19:13**).

Proverbs 22:24–25 says, "Make no friendship with a man given to anger, nor go with a wrathful man,²⁵ lest you learn his ways and entangle yourself in a snare."

Proverbs 15:18 says, "A hot-tempered man stirs up strife, but he who is slow to anger quiets contention."

Proverbs 15:1 says, "A soft answer turns away wrath, but a harsh word stirs up anger."

James 3:17–18 says, "But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.¹⁸ And a harvest of righteousness is sown in peace by those who make peace."

Ephesians 4:30–31 says, "And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice."

James 1:19–20 says, "Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger;²⁰ for the anger of man does not produce the righteousness of God."

Psalms 51:3–4 says, "For I know my transgressions, and my sin is ever before me.⁴ Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment."